

name: _____

Colonoscopy reserved to: ____/____/____, at _____ hours.

Attention: If you take anticoagulants, antiplatelet agents and/or anti-inflammatory drugs should consult the doctor about the need to suspend the treatment at least seven days before the examination.

3 days before the colonoscopy preparation

DIET

Breakfast and Snacks:

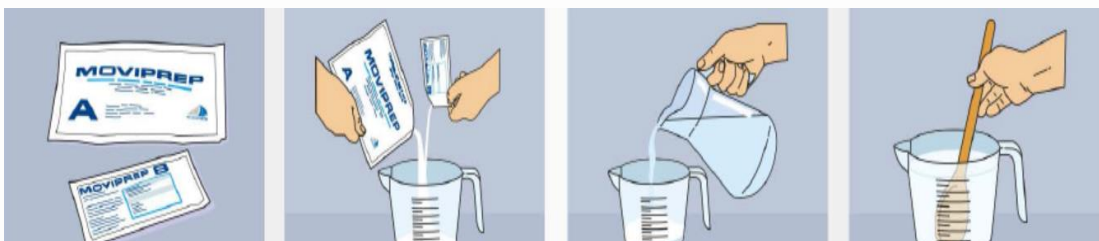
- Linden infusion, lemongrass or tea
- Toasted white Bread with butter
- Dry biscuits

Lunch and dinner:

- White Soup (potato, rice, massa)
- Lean meats - boiled or grilled (beef, veal, chicken, rabbit)
- Lean fish - boiled or grilled (hake, groundhog, sea bass, mackerel)
- Rice, mashed potatoes, boiled egg
- White Bread, dry biscuits
- Boiled or grilled fruit, or juice fruit
- Fresh cheese or yoghurt

purchase in pharmacy MOVIPREP

Do not eat solid food during the treatment with Moviprep



THE Day BEFORE colonoscopy

During the day you should only drink tea, transparent juices, water, broths of meat without meat or earth and a clear color gelatin. If you suffer from constipation ("intestinal malfunctioning"), we suggest you take 2 tablets of Dulcolax in the morning.

At 20:00 PM

Dissolve the contents of **Moviprep**: the sachet A with the contents of the sachet B in 1L of water and drink it within 60 minutes. **Then and until bedtime drink at least 1 liter of water, tea or transparent juice without pulp.** Do not eat solid food on the day of the preparation with **MOVIPREP**

THE colonoscopy Day

At 06:00 AM

Dissolve the contents of **Moviprep**: the sachet A with the contents of the sachet B in 1L of water and drink it within 60 minutes. **Then drink at least 1 liter of water, tea or transparent juice without pulp within two hours.** Do not eat solid food on the day of the preparation with **MOVIPREP**. Up to the time of the examination do not eat or drink anything.

IT IS OF EXTREME IMPORTANCE TO TAKE THE AMOUNT OF LIQUID THAT IS INDICATED IN THE PROTOCOL. ONLY THEN WILL IT BE ABLE TO EFFECTIVE CLEANING! THE SUCCESS OF THE EXAMINATION DEPENDS THE QUALITY OF THE PREPARATION YOU MADE.